

GROEPSLESSEN

ROOSTER

Jims Leuven Bondgenoten

| MAANDAG | DINSDAG | WOENSDAG | DONDERDAG | VRIJDAG | ZATERDAG | ZONDAG |
|---------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------|-----------------------------------------------------|------------------------------------------|----------|--------|
| 18:00 - 19:00 MOVING MOM SGT Fitness floor | 18:00 - 19:00 STWO SGT Fitness floor | 20:00 - 21:00 HYROX Studio | 07:00 - 08:00 HYROX Studio | 18:00 - 19:00 WOD Studio | | |
| 19:00 - 20:00 STWO SGT Fitness floor | 18:00 - 19:00 BOXING Studio | | 18:00 - 19:00 WS SGT Fitness floor | 19:00 - 20:00 BOXING Studio | | |
| 20:00 - 21:00 WS SGT Fitness floor | 19:00 - 19:00 HEALTHY BACK SGT Fitness floor | | 19:00 - 20:00 MOVING MOM Fitness floor | | | |
| 20:00 - 21:00 HYROX Studio | 19:00 - 20:00 WOD Studio | | | | | |