

LUN., 03 FÉVR.	MAR., 04 FÉVR.	MER., 05 FÉVR.	JEU., 06 FÉVR.	VEN., 07 FÉVR.	SAM., 08 FÉVR.	DIM., 09 FÉVR.
17:30 - 18:00 Core Group Classes Studio Karla Zambrano	18:00 - 19:00 Conditioning Performance Cube	18:00 - 19:00 HYROX Performance Cube	09:00 - 10:00 Yoga Group Classes Studio Karla Zambrano	09:00 - 10:00 Mobility (SGT) Group Classes Studio Karla Zambrano	10:00 - 11:00 TAF Group Classes Studio Karla Zambrano	10:00 - 11:00 Zumba® Group Classes Studio Rudh Loucas Godoy
18:00 - 19:00 HYROX Performance Cube	18:00 - 19:00 HIIT Group Classes Studio Anne Alasto	18:30 - 19:00 Core Group Classes Studio Joao Fernandes	17:30 - 18:00 Core Group Classes Studio Frederic Garcia Becerra	12:10 - 13:10 Les Mills BODYPUMP™ Frederic Garcia Becerra	11:00 - 12:00 Pilates Karla Zambrano	11:00 - 12:00 HIIT Group Classes Studio Anne Alasto
18:00 - 19:00 Total Body Conditioning Group Classes Studio Karla Zambrano	19:00 - 20:00 Conditioning Performance Cube	19:00 - 20:00 HYROX Performance Cube	18:00 - 19:00 HYROX Performance Cube	18:00 - 18:30 Core Group Classes Studio Joao Fernandes	18:00 - 19:00 Team WOD Performance Cube	
19:00 - 20:00 HYROX Performance Cube	19:15 - 20:15 Zumba® Group Classes Studio Rudh Loucas Godoy	19:00 - 20:00 Les Mills BODYCOMBAT™ Group Classes Studio Joao Fernandes	18:00 - 19:00 Les Mills BODYPUMP™ Group Classes Studio Frederic Garcia Becerra	18:00 - 19:00 Team WOD Performance Cube		
19:00 - 20:00 Yoga Group Classes Studio Karla Zambrano			19:00 - 20:00 HYROX Performance Cube	18:30 - 19:30 Les Mills BODYCOMBAT™ Group Classes Studio Joao Fernandes		
			19:15 - 20:15 Zumba® Group Classes Studio Rudh Loucas Godoy	19:00 - 20:00 Team WOD Performance Cube		

LUN., 10 FÉVR.	MAR., 11 FÉVR.	MER., 12 FÉVR.	JEU., 13 FÉVR.	VEN., 14 FÉVR.	SAM., 15 FÉVR.	DIM., 16 FÉVR.
<p>08:00 - 09:00 Les Mills BODYPUMP™ Group Classes Studio Frederic Garcia Becerra</p> <p>17:30 - 18:00 Core Group Classes Studio Karla Zambrano</p> <p>18:00 - 19:00 HYROX Performance Cube</p> <p>18:00 - 19:00 Total Body Conditioning Group Classes Studio Karla Zambrano</p> <p>19:00 - 20:00 HYROX Performance Cube</p> <p>19:00 - 20:00 Yoga Group Classes Studio Karla Zambrano</p>	<p>09:00 - 10:00 Pilates Group Classes Studio Anne Alasto</p> <p>17:30 - 18:00 Core Group Classes Studio Anne Alasto</p> <p>18:00 - 19:00 Conditioning Performance Cube</p> <p>18:00 - 19:00 HIIT Group Classes Studio Anne Alasto</p> <p>19:00 - 20:00 Conditioning Performance Cube</p> <p>19:15 - 20:15 Zumba® Group Classes Studio Rudh Loucas Godoy</p>	<p>08:30 - 09:30 Zumba® Group Classes Studio</p> <p>18:00 - 19:00 HYROX Performance Cube</p> <p>18:30 - 19:00 Core Group Classes Studio Joao Fernandes</p> <p>19:00 - 20:00 HYROX Performance Cube</p> <p>19:00 - 20:00 Les Mills BODYCOMBAT™ Group Classes Studio Joao Fernandes</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Karla Zambrano</p> <p>17:30 - 18:00 Core Group Classes Studio Frederic Garcia Becerra</p> <p>18:00 - 19:00 HYROX Performance Cube</p> <p>18:00 - 19:00 Les Mills BODYPUMP™ Group Classes Studio Frederic Garcia Becerra</p> <p>19:00 - 20:00 HYROX Performance Cube</p> <p>19:15 - 20:15 Zumba® Group Classes Studio Rudh Loucas Godoy</p>	<p>09:00 - 10:00 Mobility (SGT) Group Classes Studio Karla Zambrano</p> <p>12:10 - 13:10 Les Mills BODYPUMP™ Frederic Garcia Becerra</p> <p>18:00 - 18:30 Core Group Classes Studio Joao Fernandes</p> <p>18:00 - 19:00 Team WOD Performance Cube</p> <p>18:30 - 19:30 Les Mills BODYCOMBAT™ Group Classes Studio Joao Fernandes</p> <p>19:00 - 20:00 Team WOD Performance Cube</p> <p>20:00 - 21:00 Zumba® Group Classes Studio</p>	<p>10:00 - 11:00 TAF Group Classes Studio Karla Zambrano</p> <p>11:00 - 12:00 Pilates Karla Zambrano</p>	<p>10:00 - 11:00 Zumba® Group Classes Studio Rudh Loucas Godoy</p> <p>11:00 - 12:00 HIIT Group Classes Studio Anne Alasto</p>